

**VINAYAKA MISSION'S RESEARCH FOUNDATION
(Deemed to be University), SALEM**

**M.P.T. DEGREE EXAMINATION – November 2019
Fourth Semester**

**PT IN OBSTETRICS AND GYNAECOLOGICAL
PHYSIOTHERAPY**

Time: Three hours

Maximum : 100 marks

I. Write short answers on:

(10 x 2 = 20)

1. Kegel's exercise
2. What is normal pressure in the bladder?
3. List out the disorders associated with menstruation.
4. Puberty
5. Hoffman's exercise for nipple
6. Vaginal hygiene
7. List down the criteria for normal labor
8. Indications for C-section
9. Instruments to assess the pelvic floor muscle strength.
10. List down the antenatal complications.

II. Write short notes on:

(8 x 5 = 40)

11. Describe pelvic floor muscle with diagram.
12. Write the musculoskeletal changes during pregnancy.
13. Explain coccydynia during pregnancy and its physiotherapy management.
14. Write the uses of SWD in gynaecological conditions.
15. Explain the PT role in PCOD.
16. Write in detail about the antenatal exercise.
17. Assessment of post natal dental conditions.
18. Puberty and its care.

III. Write essays on:

(2 x 20 = 40)

19. Discuss in detail about the physiotherapy role in labor.
20. Define incontinence. Explain about the types, assessment and its management.